

The Christian Workout

Working out is not really one of my favorite things to do. It takes extra time and effort. I tend to get hot and sweaty in the process. And I'm always tired afterward. Most days I'd rather not. It would be a lot easier to take the path of least resistance.

But, deep down I know I should, because if I don't, bad things will happen. The old adage will prove true: "If you don't use it, you lose it." There is no such thing as standing still. You are either moving forward, or you are going backwards.

And what's true in the physical life turns out to be equally true in the spiritual life. There is no such thing as treading water or maintaining the status quo. If you're not moving forward, you're likely going backwards.

At least, that's what Paul thought. In Philippians 2:12-13, Paul says: "Work out your own salvation with fear and trembling, for it is God who works in you to will and to do according to His good purpose."

Paul suggests that we need to work out what God works in. By His Holy Spirit God works into us all good things. He gives us the grace and strength and ability to obey His will and live the way He has called us to live.

But, just because God has filled us up doesn't mean the job is finished. You and I still have to work it out. We have to put into practice what God has put in us. We have to go to the effort of using the grace God has given us. After all, if we don't use it, we'll lose it.

So, let's take Paul's advice and take a little bit of time every day to work out what God has worked in, so that you and I may grow in grace and become stronger in our faith.



SUNDAY, JUNE 2

9:00 a.m. Contemporary Service

9:50 a.m. Sunday School

11:00 a.m. Traditional Worship Service

11:00 a.m. Live Stream Worship

SATURDAY, JUNE 8

9-12 noon Methodist Market



- 2. Slater Phillips
- 7. Kemper King

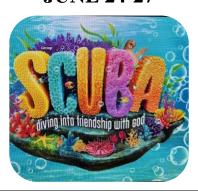
9. Mr. & Mrs. Josh Allen

Foster Children

This summer, our church is sending three foster children to The Camp of the Rising Son. This is a week-long Christian Camp. Not only will the children get to swim, fish, sing and do crafts, they will spend the week learning about Jesus.

From a foster parent: "Thanks to the church for all they do in making such a difference in my children's lives!"

VACATION BIBLE SCHOOL JUNE 24-27



Dive Below the Surface to Build a Strong Faith

Take kids deep into an amazing undersea adventure where they'll experience the everflowing, never-ending love of God. At Scuba VBS, kids will be immersed in the Word and discover what living water is really all about!

Our **FMC Day Care** had their Kindergarten Graduation Tuesday, May 28, 2024. Congratulations!

The Class of 2024
Amelia Raye Brassfield
Sofia Byrd
Jordan Dunwoody
Braelynn Gilmore
Lyla Clyde New
Ellie Rose Norman
Edie Pepper
Darrington Phillips
William Rankin
Kai Ross
Eliana Warrington







For the month of May we have been studying the series, *A Time for Courage*. The story last week was from the book of Daniel and introduces us to three young men named Shadrach, Meshach, and Abednego. These young men were faithful to God even though they had to face being thrown into a fiery furnace. They trusted God and He was with them. This Sunday in our lesson "Love God," we will talk about a man named Daniel.

W.O.W. Wednesday

Our children's W.O.W. Wednesday Bible study has concluded and will resume after summer break. We will have monthly gatherings throughout the summer to stay connected with our church friends. I will be sending out an activity calendar through the messenger and group text. Hope you all have a wonderful and fun summer!!

Vacation Bible School

VACATION BIBLE SCHOOL

The end of school means summer break, beach trips and Vacation Bible School. Mark your calendars for Monday, June 24 - Thursday, June 27. We are currently working on our VBS. If you are willing to help, please contact the church office or Tera.

Youth Bible Study and Small Group

Solid Ground

It is hard to believe school will be out in just a couple of weeks and Summer begins. Youth Bible study concluded this past week, but we will still have a few gatherings throughout the Summer to stay connected and socially engaged.

M28 CAMP

Camp dates are Friday, July 5- Tuesday, July 9. The total cost is \$350.

Please make sure you are paying towards your balance. Final payment must be made by June 23.



Sympathy and love is extended to Archie Edgar and family in the death of Pam Edgar.

Sympathy and love is extended to the family of Jace Crimm.

Gideon Speaker: Sunday, June 9th, John Ashley will be sharing with us about the good work of the Gideons in our area and how we can support their ministry.

Sunday, June 2, 2024

Greeters	Sandra Martin/Maddie & Amanda Canard
Scripture	Acts 3:1-10
Sermon	"The Gate Called Beautiful"
Flowers	Dee & Frank Webb

DAILY BIBLE READINGS

JUNE

2. 2 nd Sunday after Pentecost	Matthew 7:21-29
3. Learn to do good	Isaiah 1:11-12
4. Offer thanksgiving	Psalm 50:7-15
5. What God wants	Hosea 6:4-6
6. The call of Abram	Genesis 12:1-9
7. Filled with God's love	Psalm 33:1-12
8. Righteousness through faith	Romans 4:13-25
4. Offer thanksgiving5. What God wants6. The call of Abram7. Filled with God's love	Psalm 50:7-15 Hosea 6:4-6 Genesis 12:1-9 Psalm 33:1-12